### 2020 - 2021 ANNUAL REPORT



TENDER HEART NGO

#### **FOUNDER'S WORDS**

We, at Tender Heart, are guided by the principle that empowerment is not a standalone movement. The process of empowerment is interdependent and reciprocal. It derives its strength from the society itself.

Differently abled individuals face many difficulties finding employment due to lack of proper guidance, support, education and skill development. The condition in rural India is even worse due to lack of awareness & social taboo. On the other hand, underprivileged rural women including school dropout girls, destitute women face lot of atrocities and daily struggles of livelihood. A substantial proportion of rural women are trapped within the four walls of patriarchy, poverty, illiteracy and inequality. There is a dire need to empower the differently abled and rural women to counter this menance and empower them financially.

Our focus is always on the empowerment of underprivileged and differently abled community. This has led to our continuous efforts on bringing more skill development programs or improving the existing skill development programs to reach the unreached.

It is heartening to see our efforts bear fruits when the school dropout girls, rural women come out of their homes and gain meaningful employment. In addition to financial empowerment, they are able to get out of their homes and socialize breaking the patriarchal dominancy and social taboos.

These achievements are a consequence of the hard work and efforts that goes behind with the help of corporate donations, individual donors, volunteers and the team working at Tender Heart.

Renu Bali

Founder & Director

#### MISSION & VISION

Tender Heart was primarily founded to educate the underprivileged children of village Bhatola, Haryana.

Over time however, the NGO extended its mission to include school dropout girls & women, destitute women, differently abled and the WOOPIE (Way-out-of-poverty-is-education i.e. the ragpickers and children from the slums).

In addressing these different groups, the NGO aims at alleviating poverty in the rural belt of Bhatola & adjoining villages by empowering them through various self-sustainable vocational skills.

#### RURAL EDUCATION



Encouraging
students with
Hum Honge
Kamyaab song/
Song of Victory

With the global pandemic hitting the entire world, it demanded changes in the current existing procedures and adaptability to create channels for sustainability. We at Tender Heart including so many had faced the lockdown issues and the impact.

Nevertheless, everybody came forward virtually to strategize the way forward.

With the shutting down of schools, there was room to ignore the utilization of no technology to continue imparting education to children. Hence, the teachers and coordinators worked in tandem to adapt to this new normal of online learning. The challenging times gave a new lease as the teachers got to learn new methods of imparting education unlike the traditional method of teaching. However, the change was not so easy considering the lack of computers/laptop and internet with the students. Many students managed to catch the classes online through their parents' mobile.

#### **DIGITAL LEARNING**

Online classes are in progress during this pandemic period for the school students and different activities are conducted on special occasions and festivals along with the academics. Children and teachers are progressing and adapting to the new learning methods.



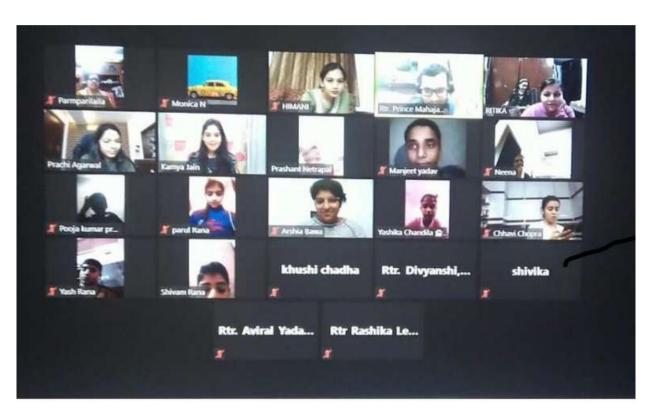




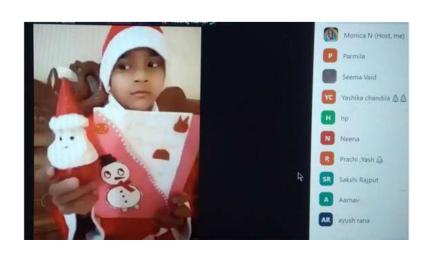




Rotary Club of Delhi conducted Happiness hour with Tender Heart students with zumba, singing, story telling, fun engaging activities.

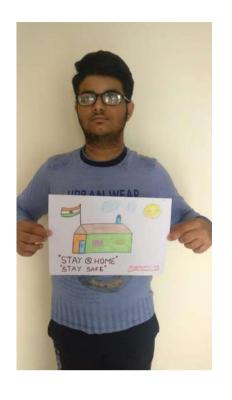


### VIRTUAL CHRISTMAS CELEBRATIONS



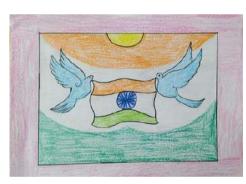


#### VIRTUAL CELEBRATIONS CONTINUED













The special educators are leaving no stone unturned and engaging with students full fledged through various activities and celebrating the festivals virtually. Children celebrated International Yoga Day, Mother's Day, Raksha Bandhan, Janamashtami, Independence Day through expressing their joy & emotions in their art forms.















































### HANDLOOM WEAVING PROJECT NOURISHING LIVES

The handloom weaving project continues to train and develop the differently abled individuals. The project has shown a major impact as it has empowered and employed differently abled adults and there are significant behavioural changes in them.





## INAUGURATION OF TWO NEW BIG LOOMS

Two looms were donated by students of Delhi Public School, Faridabad with their fundraising efforts. The looms were set up for training the rural women. This is a major project during the COVID times as we are making sustainable products and creating better employment opportunities for the differently abled as well as the rural unemployed women.













### SIGNIFICANT BEHAVIOURAL CHANGES IN SPECIAL NEEDS



Shivam, 15 years old boy is with speech & hearing impairment. He used to be a restless boy, did not engage in a particular activity and failed to follow instructions. The weaving helped him to become focused and he can now sit continuously with improved concentration levels. His behaviour has become polite now.

#### **WOMEN EMPOWERMENT**







Rural women, school drop out girls, destitute women from the nearby villages are trained and enrolled in tailoring diploma and are certified through Singer program. In addition to tailoring, women are trained in making of handicrafts and sanitary napkins.

Through this program, the products made by them are sold through physical stalls in schools, colleges, corporates, prominent melas/festivals/fairs, online platforms. We have a dedicated team of product designers, art & craft trainers, tailoring teachers who closely work with the underprivileged community to train and empower them.

#### **TAILORING UNIT**

New developments have taken place amidst the COVID pandemic and women were trained to make face masks and cloth bags to sustain the adverse economic situations of their families. New batch of tailoring has started with women from the nearby villages of Bhatola maintaining the COVID guidelines.









Since there was restriction on the number of people coming to the NGO, we started with having small number of people in our tailoring unit to maintain social distancing. Considering the needs of the community and creating employment opportunities, we started making face masks. Since, it was a different area for all of us, we started from the scratch from sourcing the right kind of cloth to the right design. The designing & training team did a marvellous job.





### DIPLOMA CERTIFICATES TO TAILORING WOMEN

Diploma certificates were given to the batch of rural girls and women who have been trained in tailoring and stitching. In order to motivate and encourage the women, prizes and gifts were given to them.



### USHA, NOW AN ENTREPRENEUR

Usha from village Khedi Khurd who got trained at Tender Heart is now making rugs/mats/Daris at home and is successfully selling them on orders. We are happy to see many women like her financially independent who now have gained confidence over the years to step out of homes and to inculcate the same in the future generations.



## MEET PRIYA FROM VILLAGE KHEDI KURD



Priya joined Tender Heart in 2018 with a hope of learning new skill of tailoring that would help support her family. She had completed the 6-month diploma course in tailoring from Tender Heart. Her sincerity and willingness to refine her tailoring skills had given the opportunity to be employed at Tender Heart. She now stitches face masks, cushion covers, garments with the guidance of our trainers with utmost quality & finishing. And she is happy to come here and improve her skills which would go a long way in shaping her life.

#### **MENSTRUAL HYGIENE PROJECT**

 As a part of this project, sanitary napkins are being made at Tender Heart NGO by training the rural women from the surrounding villages and giving them employment.



- The sanitary pads are UV sterilized, soft & breathable with high absorption capacity. To reduce the impact of menstrual waste on the environment, these pads are also biodegradable.
- The sanitary pads are certified by Govt. approved/NABL-ISO 9001 certified laboratory.

### DISTRIBUTION OF SANITARY NAPKINS IN VILLAGES



Tender Heart aims to increase awareness about Menstrual Hygiene practices in the remote villages of Faridabad through interactive discussions and distribution of free biodegradable sanitary napkins.



### **TENDER HEART PRODUCTS**

















## DISTRIBUTION OF CLOTHES, DRY RATION TO NEEDY COMMUNITIES

























Tender Heart with the support of Plasser India and other individual donors distributed dry ration to the near by underprivileged community.

# COVID SCREENING & GENERAL ASSESSMENT DONE AT TENDER HEART BY GOVERNMENT AUTHORITIES



### COVID VACCINATION DRIVES FOR PERSONS WITH DISABILITIES









Tender Heart organized COVID vaccination camp for the differently abled individuals and distributed dry ration amongst them.



### HEARTFELT THANK YOU TO OUR DONORS



Students receiving winter track suits.

#### **BENEVOLENT DONORS**

We are extremely grateful to our generous donors Studds India Pvt. Ltd., Wings Automobile Products Pvt. Ltd., PNB Housing Finance Ltd., Delhi Public School Sec 19, Faridabad, The Shriram Millenium School, Noida.

